



Comparing Costs of Living Options

You can use this sheet to compare the costs of living in different situations.

EXPENSE	CURRENT	OPTION 1	OPTION 2	OPTION 3
PROPERTY COSTS				
Monthly fees or mortgage payment				
Electricity				
Fuel				
Water / sewer				
Real estate taxes				
Property insurance				
Trash collection				
Painting and exterior maintenance				
Yard maintenance				
Plumbing and appliance maintenance				
Pest control				
Security system / service				
Total of property costs				

	CURRENT	OPTION 1	OPTION 2	OPTION 3
PERSONAL COSTS				
Assistance (personal care, companion, meal preparation, transportation, etc.)				
Food				
Cleaning / housekeeping				
Laundry				
Medical expenses				
Health / other insurance premiums				
Telephone				
Television / cable				
Internet				
Transportation				
Miscellaneous (clothing, toiletries, etc.)				
Other monthly cost (entertainment, etc.)				
Total of personal costs				
Total Monthly Cost (pages 1 and 2)				

NEXT STEPS: Thinking about cost is important; learning about options is also important. You can contact SMAA to learn about what is available in the area and talk about what your next steps might be. Call 1-800-427-7411 and ask for the Resource Specialist on duty, or send an email through the SMAA website (www.smaaa.org) Information and Resource department “request information” feature.

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